

LOCAL NON-PROFIT RESILIENT RETREAT ANNOUNCES GRAND OPENING, INCLUDING A SPECIAL EVENT WITH ACTRESS ASHLEY JUDD

- Campus dedication and open house to be held October 18
- Trauma survivor Ashley Judd to keynote grand opening luncheon on November 3

SARASOTA, Fla. – August 1, 2022 - <u>Resilient Retreat</u>, a new non-profit that serves survivors of trauma and helping professionals (police, firefighters, advocates and medical professionals, among others), proudly announces the dates of its upcoming dedication and grand opening.

Free and open to the public, **the Campus Building Dedication and Open House** will take place from 9 a.m. to noon on Tuesday, October 18. Inspired by the Danish design concept of hygge, reflecting coziness and self-care, the Retreat's new facilities will be available for small group, guided tours. Attendees will also experience samplings from Resilient Retreat's programming, a sage ceremony and the placement of a time capsule to help commemorate this important milestone for the local community.

The official **Grand Opening Celebration Luncheon with Keynote Speaker Ashley Judd** will be held from 10:30 a.m. to 1 p.m. on Thursday, November 3. This ticketed event will feature a ceremonial ribbon cutting, a sponsor reception and book signing and a tented luncheon on the retreat's magnificent 84 acres of conservation land.

For event information, please visit www.resilientretreat.org/grandopening.

For sponsorship inquiries, please contact Stacy Quaid at squaid@resilientretreat.org.

For media passes and interview requests, please contact Claire Kunzman at 407.227.8867 or claire@anythingbutadvertising.com.

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About Resilient Retreat

Resilient Retreat is a 501(c)3 non-profit organization focused on helping those impacted by trauma by implementing an innovative, evidence-based approach. The organization supports trauma-informed programs that specialize in safety, healing and empowerment. The organization's mission is to empower survivors of trauma to thrive through self-care and community. Its focus is on helping abuse survivors (domestic violence, sexual violence, child abuse, sex trafficking, stalking) professionals that witness trauma in the workplace (police, firefighters, advocates, medical professionals, teachers, many non-profit workers) heal from the impacts of trauma on the mind, body, and spirit.