



June 12, 2020

Dear Friend,

Resilient Retreat is committed to making the world a better place - by listening, educating, informing, and empowering. As a non-profit organization that helps survivors of abuse and first-responders/helping professionals become more empowered by building community, practicing self-care, and learning how they can live a more resilient life, we understand that the injustices woven into the fabric of our culture are inequitable and strip a person of their personal power. This must change and we pledge to be a part of this change.

Inclusivity is a core value that Resilient Retreat holds at the forefront of everything we do when putting our mission into action every day. We embrace and see the value in our differences, and are committed to actively including voices from all walks of life, including race/ethnicity, age, disability, sex, gender, ancestry, religion, socio-economic class, or sexual orientation.

Most importantly, we believe that we are enhanced by diversity, which in turn makes us stronger as an organization and as a community. We must unite and act TOGETHER to fight for the values of inclusion, justice, diversity, fairness, generosity, and compassion. TOGETHER, WE THRIVE! These values shape us and inform everything we do as an organization.

As we build Resilient Retreat from the ground up, we are in a unique position to create a culture/system that includes individuals ranging in age, gender, race/ethnicity, sexual orientation, and professions. We have an Advisory Council of survivors of abuse and first responders called VOICES, that guide and inform our programming and building plans for the retreat center to ensure that we create programs that are meaningful to the community we serve. For example, VOICES provided our board with essential insight in creating the design and floor plans for our new retreat center to ensure our participants safety, security and comfort.

“The Board of Directors and Staff at Resilient Retreat continue to work closely with our VOICES Council to build an environment that feels inclusive and welcoming for everyone. This is an ongoing iterative process that requires us to continuously seek feedback and make a concerted effort to reach out to diverse communities. Diversity and inclusion are at the core of being trauma-informed and as we finalize our first strategic plan, we are approaching all of our strategic objectives from an inclusive, trauma-informed perspective” noted Dr. Sidney Turner, Social Psychologist and Founder of Resilient Retreat.”

We wanted to take this opportunity to assure you that Resilient Retreat is committed to putting these words into action each and every day. There is much work to be done, but if we each do our part, the world will be better for it.

Wishing you peace and comfort during these difficult and unsettling times.

Sincerely,

Lisa Intagliata
Executive Director

Sidney Turner, PhD
Board Chair & Founder